

BWCA CANOEING PERSONAL GEAR LIST

- ___ NYLON STUFF BAG (26"X22") W/ H.D. TRASH BAGS - all personal gear should fit in this except day pack w/ stuff*
- ___ LIGHT WEIGHT SLEEPING BAG OR BLANKET AND SHEET
- ___ SLEEPING PAD OR AIR MATTRESS
- ___ FANNY PACK OR SMALL DAY PACK W/ DOUBLE ZIP LOCK BAGS FOR QUICK ACCESS ITEMS*
- ___ WATER BOTTLE*
- ___ CUP, BOWL, SPOON*
- ___ POCKET KNIFE*
- ___ FLASHLIGHT W/ FRESH BATTERIES*
- ___ RAINGEAR* - cannot be vinyl, must be good quality
- ___ INSECT REPELLENT*
- ___ SUNGLASSES W/ STRAP - wear

FIRST AID KIT* - in ziploc

- ___ BAND-AIDS
- ___ ASPIRIN
- ___ ANTACID TABLETS
- ___ CHAPSTICK
- ___ SUN SCREEN LOTION SPF 30 OR MORE

PERSONAL HYGIENE ITEMS - in ziploc

- ___ TOOTHBRUSH AND TOOTHPASTE
- ___ SMALL WASHCLOTH - THIN
- ___ BIODEGRADABLE SOAP
- ___ SMALL DEODORANT
- ___ SMALL COMB - OPTIONAL

CLOTHING - TO PACK - in ziploc bags

- ___ LONG SLEEVE SHIRT
- ___ LONG PANTS - SWEATS OR NYLON
- ___ CHANGE OF UNDERWEAR
- ___ SOCKS - 1 PAIR
- ___ CAMP SHOES - LIGHTWEIGHT
- ___ T-SHIRT
- ___ JACKET
- ___ EXTRA SWIM SUIT OR SHORTS
- ___ SLEEP SHORTS, UNDERWEAR AND SHIRT

OPTIONAL ITEMS

- ___ CAMERA AND FILM - in ziploc bag
- ___ FISHING GEAR
- ___ CANOE SEAT BACK
- ___ EXTRA FLASHLIGHT BATTERIES

SURVIVAL KIT* - in ziploc

- ___ COMPASS
- ___ MATCHES IN WATERPROOF CONTAINER
- ___ LIGHTER
- ___ WHISTLE
- ___ CANDLE
- ___ 1/8" NYLON CORD [50 FT.]
- ___ FOIL [12" X12"]
- ___ SMALL BIBLE
- ___ PAPER AND PENCIL

CLOTHING - TO WEAR

- ___ SHORTS OR SWIM
- ___ T-SHIRT OR LONG SLEEVE SHIRT
- ___ UNDERWEAR
- ___ SOCKS - NYLON OR POLY WITH WOOL
- ___ HAT
- ___ PORTAGE BOOTS OR SHOES**
- ___ BANDANNA

** these must be an approved style for this type of trip

