

BACKPACKING PERSONAL GEAR LIST

- _____ BACKPACK
- _____ SLEEPING BAG
- _____ SLEEPING PAD
- _____ FANNY PACK OR SMALL DAY PACK
- _____ BACKPACK COVER
- _____ WATER BOTTLE
- _____ CUP, BOWL, SPOON
- _____ POCKET KNIFE
- _____ FLASHLIGHT W/ FRESH BATTERIES
- _____ RAINGEAR
- _____ INSECT REPELLENT

FIRST AID KIT

- _____ BAND-AIDS
- _____ ASPIRIN
- _____ ANTACID TABLETS
- _____ CHAPSTICK
- _____ SUN SCREEN LOTION

PERSONAL HYGIENE ITEMS

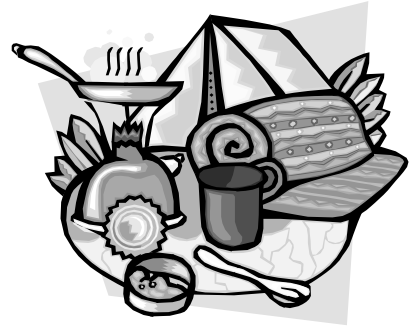
- _____ TOOTHBRUSH AND TOOTHPASTE
- _____ SMALL WASHCLOTH - THIN
- _____ BIO - SOAP
- _____ SMALL DEODORANT
- _____ SMALL COMB - OPTIONAL

CLOTHING - TO PACK

- _____ LONG SLEEVE SHIRT
- _____ LONG PANTS - SWEATS OR NYLON
- _____ CHANGE OF UNDERWEAR
- _____ WOOL or WOOL BLEND SOCKS - 1pair
- _____ POLY OR NYLON SOCKS - 1 pair
- _____ CAMP SHOES - OPTIONAL
- _____ LIGHT WEIGHT GLOVES
- _____ T-SHIRT
- _____ JACKET
- _____ CAMP / SLEEP SHORTS

OPTIONAL ITEMS

- _____ CAMERA AND FILM
- _____ BINOCULARS - SMALL SIZE
- _____ FISHING GEAR
- _____ SMALL STUFF PILLOW



SURVIVAL KIT

- _____ COMPASS
- _____ MATCHES IN WATERPROOF CONTAINER
- _____ WHISTLE
- _____ CANDLE
- _____ 1/8" NYLON CORD [50 FT.]
- _____ FOIL [12" X12"]
- _____ SMALL BIBLE
- _____ PAPER AND PENCIL

CLOTHING - TO WEAR

- _____ SHORTS OR LONG PANTS
- _____ T-SHIRT OR LONG SLEEVE SHIRT
- _____ UNDERWEAR
- _____ SOCKS - WOOL AND POLY or NYLON
- _____ HAT
- _____ HIKING BOOTS
- _____ SUN GLASSES
- _____ BANDANA

CLOTHING - EXTRA FOR COLD

WEATHER ONLY

- _____ SWEAT SHIRT OR SWEATER
- _____ LONG UNDERWEAR OR SWEAT PANTS
- _____ STOCKING CAP OR HOOD ON JACKET
- _____ WARM GLOVES